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News worth sharing.

ELISHA DACEY/METRO

Bear witness to climate change

▶ A male polar bear takes a break near the shores of Hudson Bay. Polar bears are on the front lines of climate change, and the strain is already starting to show. Metro Winnipeg managing editor Elisha Dacey spent three days in Churchill with Coca Cola, the World Wildlife Fund and others to learn about the efforts being made to make sure polar bears don't disappear from the face of the overheating Earth. More on pages 11-14.

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Winnipeg man reunited with rescuer

A Winnipeg man who had a heart attack but was kept alive by a stranger just minutes after stopping to help her along a Wisconsin interstate has been tearfully reunited with his rescuer and the first responders who helped saved his life.

Victor Giesbrecht, 61, expressed his gratitude Wednesday to Sara Berg, the Eau Claire, Wis., woman who performed CPR on him just a few miles further along the Interstate 94 from where he had helped her to change a tire.

THE ASSOCIATED PRESS

▶ Sara Berg hugs Victor Giesbrecht in his hospital room in Eau Claire, Wis., on Nov. 16.

First responders also attended the reunion at Giesbrecht's room at Mayo Clinic Health System in Eau Claire. Giesbrecht hoped to be released Thursday.

Giesbrecht and his wife, Ann, were driving to Indiana Nov. 5 when they saw Berg, 40, and her cousin, Lisa Meier, stopped on the side of the interstate with a flat tire.

Giesbrecht pulled over, retrieved a jack from his pickup and helped change the flat.

Minutes after driving away, however, Giesbrecht suffered a heart attack and lost consciousness. His wife brought their pickup to a stop and called 911. Then along came the women whom Giesbrecht had just helped.

When Berg, a certified nursing assistant, discovered that Giesbrecht wasn't breathing, she started CPR. "If she wouldn't have come along, I don't think we'd be here right now," Giesbrecht said. THE ASSOCIATED PRESS

Local MP creates Twitter stir

- NDP's Pat Martin unleashes profanity over Tories shutting down debate on a budget bill
- The Winnipeg Centre MP says maybe he shouldn't have targeted one user who goaded him

Longtime New Democrat MP Pat Martin says he's not sorry for unleashing a string of profanity on the social media site Twitter.

Martin dropped a few F- and S-bombs Wednesday night after the Conservative government shut down debate on a budget bill.

"This is a fucking disgrace ... closure again. And on the Budget," Martin tweeted.

"There's not a democracy in the world that would tolerate this jackboot shit."

The comments set off a stir in the Twitterverse after they were retweeted by some of Martin's 1,600 followers.

One fellow Twitter user called Martin a "foul-mouth socialist."

"Fuck you," was Martin's blunt retort. When another Twitter user criticized him, Martin replied with "eat my shorts."

Martin, who represents the riding of Winnipeg Centre, said he committed no foul.

"I don't apologize for what I said. It was a legitimate reaction to a genuine frustration," Martin said Thursday in Ottawa.

"If anybody took offence to it, I'm sorry. I wouldn't say that in the House of Commons, but I was talking to the people that follow me on Twitter."

Interim NDP Leader Nycole Turmel appeared to defend Martin's actions.

"His language was not appropriate and could have been offensive to some," Turmel said in a written statement.

"That said, the Conservatives' actions are not appropriate in a democracy and offensive to all Canadians."

THE CANADIAN PRESS

THE CANADIAN PRESS FILE

▶ Winnipeg Centre MP Pat Martin says he's not sorry for his swear-laden outburst on Twitter.

1 news

It's not down to the day, but researchers have gotten closer to pinpointing when most life on our planet became extinct. Scan the code for the story.

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On the web at metronews.ca

People magazine failed to name Ryan Gosling Sexiest Man Alive, and fans are not taking it lying down. Video at metronews.ca/video

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Hockey. Fans

▶ Washington Capitals captain Alexander Ovechkin, left, gives an autograph to Winnipegger Scott, who did not give his last name.

ELISHA DACEY/METRO

Waiting for Ovechkin

Fans lined up to get a glimpse of the hockey superstar outside the Fairmont Hotel on Thursday.

Kids witness 'indecent act'

Winnipeg police are looking for a man they say committed an "indecent act" while two young girls walked by. A man driving a navy blue van with dark tinted windows allegedly approached the girls, aged 9 and 10, near McKenzie Street and Flora Avenue on Tuesday morning. He was observed performing an indecent act, police say. The man is described as mid-20s, wearing a black hat and sunglasses. METRO

Ball ban to be bounced around

Volleyballs, tennis balls, baseballs, footballs, basketballs on no-no list

ASHLEY GABOURY
WINNIPEG@METRONEWS.CA

At least one Winnipeg school official thinks banning soccer balls on the playground isn't playing fair.

Children at Earl Beatty Public School in Toronto are left playing soccer with spongy Nerf balls after their principal banished all hard balls from the playground.

Citing safety concerns, principal Alicia Fernandez made her decision after a parent was struck with a soccer ball and suffered a concussion.

Mike Babinsky, school trustee with Winnipeg School Division, stressed he doesn't know all the facts and said that a short-term ban could be justified.

"But as far as a long-term banning, I disagree with it."

Anna Caputo, a spokesperson for the school board, said the ball ban is actually long-standing policy that fell by the wayside, as reported by the National Post. The Canadian Press reported the ban is only a temporary measure and Fernandez is expected to consult with parents and staff to find a solution.

Word on the Street

Should hard balls be banned from school playgrounds to prevent injury?

Sanjay Budhia

"It seems kind of silly. Kids have been playing with balls for literally centuries."

Jennifer Raiche

"To go to the extreme of banning all kinds of different sporting goods just because of one incident seems a little extreme."

Wayne Nix

"Keep the balls on the field."

Madeline Sweetland

"It's dumb because you can get a concussion from anything."

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SHOPPERS DRUG MART

Mayor gains grip on cause after meeting protesters

- Katz previously said he didn't know why occupiers were protesting
- Tells council he stands behind their right to protest

SEAN LEDWICH/FOR METRO

▶ From left, occupiers Kristaps Balodis, Shawn Lanting, Stephanie Sizer and Robert Gaumond emerge from city hall after Wednesday's council meeting.

SEAN LEDWICH
WINNIPEG@METRONEWS.CA

Mayor Sam Katz made good on his invitation to members of Occupy Winnipeg Tuesday afternoon when two occupiers showed up unannounced at city hall.

"My office doors are open to them anytime they so desire," Katz had told media the previous week.

Occupiers Robert Gaumond and Kristaps Balodis spent about 10 minutes with the mayor in a meeting they described as "friendly" to explain what the occupy movement is about and how the Memorial Park camp operates.

Balodis said he told Katz that beyond social injustice and income inequality, occupiers are concerned with individual greed, which they say feeds corporate greed.

"It's about greed in general, which perhaps can never be truly stopped, but we can educate ... get people to understand that you don't need to be excessively greedy with everything."

Gaumond said he told Katz about the group's structure and general assemblies.

"I wasn't aware, but everyday at seven o'clock, if anybody wants to show up, they have a public forum and you can make comments — hopefully get your questions answered," Katz told council at Wednesday's meeting.

Gaumond and Balodis attended the meeting with two other occupiers — their first one.

"Perhaps next time ... we will be registered to speak and put forward some propositions," Balodis said.

For more local news, visit metronews.ca/winnipeg

Province, city to discuss bus fare

The Province of Manitoba says it will be sitting down next week to talk with City of Winnipeg officials about the proposed 25-cent increase to transit fares.

Transportation Minister Ron Lemieux told media Thursday while the proposed fare hike came as a surprise, he didn't view it as a deliberate attempt to make trouble for the province.

"I think (the city is) hard pressed for money just like other levels of government. All I'm saying is, let the working group do its job."

Winnipeg city council voted Wednesday to raise fares five cents in January and another 20 cents later next year to help pay for the city's new rapid transit corridor. The Transportation Master Plan includes a corridor from downtown to the University of Manitoba by 2016.

That means the city will need to find a way to pay for it quicker.

Coun. Justin Swandel proposed the 20-cent hike in a surprise move without any community consultation. Council passed the motion with a vote of 8-6.

The province and the city were already scheduled to talk about the city's rapid transit plan, said Lemieux, adding this will simply be one more topic.

The city, however, does not need provincial approval to raise fares, he said.

"They are the ones solely responsible for this. This is not something that has to be rubber-stamped or approved by the province in any way, shape or form." ELISHA DACEY

New. Defibrillators

▶ More than 50 new locations around the city now have automated external defibrillators.

COURTESY CITY OF WINNIPEG

Donors' cause is clear

The additions came thanks to donations by Boston Pizza and The Cowan Foundation. From left: Jim Bell, president of the Winnipeg Football Club, Debbie Brown, president and CEO for Heart and Stroke Foundation Manitoba, Richard Enright, Boston Pizza Franchisee, Winnipeg Mayor Sam Katz and Reid Douglas, acting chief of the Winnipeg Fire and Paramedic Service.

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Fairy tale. Dance

▶ Kylie Duggan and Filip Kurlowicz perform Sleeping Beauty Pas de Deux.

JENNA CUMBERS/METRO

Ballet dancers en pointe to schools

The dancers, who belong to the Royal Winnipeg Ballet School's professional division, will be performing in the organization's Concert Hour Ballet program in schools and venues across the province.

Winnipeg Transit Winter Service Effective: Sunday, November 20, 2011

SCHEDULE CHANGES

11 Kildonan – Portage

14 Ellice – St. Mary's

16 Osborne – Selkirk

18 North Main – Corydon

21 Portage Exp

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CANADA POST POSTES CANADA

Benetton faces Vatican wrath

Clothing manufacturer says it is sorry image of pope kissing imam offended the faithful

The Vatican is taking legal action against the Benetton clothing company to prevent the circulation of an advertisement featuring a fake photo montage of Pope Benedict XVI kissing a top Egyptian imam on the lips.

The Vatican said Thursday the image is "offensive not only to the dignity of the pope and the Catholic Church, but also to the sensibilities of believers."

Benetton withdrew the ad immediately after its debut Wednesday once the Vatican denounced it as an unacceptable provocation.

Benetton had said its "Unhate" campaign was aimed at fostering tolerance, but the Vatican's daily newspaper Thursday called it "an insult to believers in the name of profit."

The campaign's fake photos feature a half-dozen purported political nemeses in lip-locked embraces, including Israeli Prime Minister Benjamin Netanyahu and Palestinian President Mahmoud Abbas, and North Korean leader Kim Jong Il and South Korean President Lee Myung-bak.

The photo of the pope kissing Sheik Ahmed el-Tayeb of Cairo's al-Azhar institute, the pre-eminent theological school of Sunni Islam, was on Benetton's website all day Wednesday but was pulled about an hour after the Vatican's protest.

THE ASSOCIATED PRESS

Strategy

- Shock ads have long been a part of Benetton's publicity strategy, with photographer Oliviero Toscani's famous campaigns for them featuring death row inmates and people dying of AIDS.

MICHEL EULER/THE ASSOCIATED PRESS

▶ People walk past Benetton's "Unhate" campaign at a shop Thursday.

New low: Pay extra for fuel or don't fly

Airlines have already begun charging for food, drinks, seat assignments and baggage. Now one is demanding that passengers cough up extra cash on board for fuel.

Hundreds of passengers travelling from India to Britain were stranded for six hours in Vienna when their Comtel Air flight stopped for fuel on Tuesday. The charter service asked them to kick in more than £20,000 ($32,306 US) to fund the rest of the flight to Birmingham, England.

The situation may represent a new low in customer care in an era when flyers are seeing long lines, long waits and few perks.

Britain's Channel 4 news broadcast video showing a Comtel cabin crew member telling passengers: "We need some money to pay the fuel, to pay the airport, to pay everything we need. If you want to go to Birmingham, you have to pay."

Some passengers said they were sent off the plane to cash machines in Vienna to raise the money.

Bhupinder Kandra, the airline's majority shareholder, told the Associated Press from Vienna that travel agents had taken the passengers' money before the planes left but had not passed it on to the airline.

"This is not my problem," he said. "The problem is with the agents."

THE ASSOCIATED PRESS

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ALLISON JOYCE/GETTY IMAGES

▶ Occupy Wall Street protesters clash with police in Zuccotti Park on Thursday in New York City.

Activists, cops clash

Demonstrators march through heart of financial district on national day of protest Rally comes two days after police take down encampment

Occupy Wall Street protesters clogged streets and tied up traffic around the U.S. on Thursday to mark two months since the movement's birth and signal they aren't ready to quit, despite the breakup of many of their encampments by police.

A crowd of several thousand people, led by banner-carrying members of the Service Employees International Union, jammed Manhattan's Foley Square and then marched peacefully across the Brooklyn Bridge on a pedestrian promenade.

As they walked, a powerful light projected the slogan "We are the 99 per cent" — a reference to the Americans who aren't super-rich — on the side of a nearby skyscraper. Police officers dressed in wind breakers, rather than riot gear, arrested at least two dozen people who walked out onto the bridges' roadway but otherwise let the marchers pass without incident.

THE ASSOCIATED PRESS

Resistance

- **Police said at least 200** people were arrested, including several who sat on the ground and refused to move.
- **Some of the police hit** protesters as they resisted arrest. Most of the marchers retreated.

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ELISHA DACEY/METRO

Arctic dwellers at risk

Polar bears are the ultimate symbol of climate change The animals are a step away from being classified as endangered Why saving the bears means saving the planet

Bearly There

ELISHA DACEY
@METRONEWS.CA

If there's any animal on Earth that could inspire people to engage in preventing man-made climate change, the polar bear is it.

Majestic, powerful and deadly, the cuddly-looking bears are under direct threat from a warming planet, and they're already showing the symptoms.

"What you'll find in the short term is that polar bears will have to turn to other things," said Dr. Pete Ewing, a marine scientist with the World Wildlife Fund (WWF). Last week, for example, scientists came across a group of about 15 polar bears eating rotten grain destined for the landfill.

"There's a population of polar bears here that are desperate. They haven't been able to put on enough energy, and we're going to see more of that."

$518

The amount of money that polar bears are worth to each Canadian annually as a symbol. That's more than the bald eagle is worth to Americans.

Tourists and Arctic wildlife guides have noticed a decline in the weight of bears. They even found a bear that had died of starvation recently.

As the summer ice in the Arctic melts at a faster rate, and winter ice comes in more slowly, the polar bear population declines. And the more it declines, the more scientists and groups like the WWF worry.

Just last week, the Canadian government classified polar bears as a "species at risk." That's one step away from endangered.

Ewing said scientific models show there's no stopping the inevitable decline of summer ice, so scientists are trying to figure out where the polar bear has the best chance of survival. In the meantime, people need to start reversing the damage they've caused to the Arctic through the consumption of fossil fuels — but they shouldn't be overwhelmed.

"There have been massive changes in our society over the last few hundred years," said Ewing. "There's no reason we can't change again."

Arctic research

- The WWF has been funding polar-bear research in Churchill on and off for the past 30 years, said Dr. Pete Ewing, but the Canadian government has not been maintaining its level of funding in recent years.
- "Arctic research can be difficult, it's expensive," said Ewing. "But for an Arctic nation like Canada ... the World Wildlife Fund has been able to step in and help when (the Canadian government) has not."

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Wayward bears do time in jail

- Humans, bears coexist thanks to unique program
- Each year about 35 bears are put in 'jail' then lifted by helicopter to a location 60 kilometres away

ELISHA DACEY
@METRONEWS.CA

When your town's biggest nuisance can kill you with a casual swipe of a paw tipped with razor-sharp claws, grabbing the nearest shotgun when confronted with one seems a prudent idea.

But that thinking led to the deaths of dozens of polar bears in and around Churchill a few decades ago.

"Basically, if a bear came into town, it got shot," said Manitoba Conservation's Bob Windsor, who has helped remove about 100 bears from Churchill over the past three years. "That was not acceptable."

The Polar Bear Alert program changed all that, said Windsor.

The program is simple: local residents call the Polar Bear Alert Line to tell conservation officers of an approaching bear. A humane trap is set, and the bear is taken to "Polar Bear Jail." From there, they're later lifted by helicopter to an area away from the town.

The Polar Bear Alert Line is manned at all times.

Windsor said the program, while simple, has been extremely effective, cutting down on the number of polar bear deaths.

"We haven't had a fatality (from a polar bear) in the town of Churchill since 1983," said Windsor. "When I look at it that way, it makes it all worthwhile."

What happens to bears in jail?

Polar bears are incredibly strong. Once they're captured, the bear trap is chained to the cell they'll be held in, so that they won't push the trap right out of the facility.

Once held, they are tranquilized and researchers assess the bears' condition. They are tagged and tattooed so Manitoba Conservation can see whether a bear returns.

Conditions inside the jail are cool and sparse. There is as little human interaction with bears as possible.

Bears are not fed. They can go months without eating, and if they're fed they tend to come back to the facility once released.

After a quarantine period, bears are tranquilized and then carefully wrapped up in a net so their heads and ear tags don't get tangled. The net is attached to a helicopter and the bear is taken to a safe location.

Researchers make sure the bear is alert before leaving the area, as wolves have been known to prey on a groggy bear.

ELISHA DACEY

ELISHA DACEY/METRO

▶ Manitoba Conservation officers watch as a polar bear is lifted by a helicopter.

▶ Polar bears are under direct threat from climate change. Melting ice means they can't hunt their main source of food.

ELISHA DACEY/METRO

▶ A polar bear is transported far from town.

▶ Polar bears are now classified as at risk.

ELISHA DACEY/METRO

Coke, WWF team up for Arctic Home

Fifteen years ago, groups like the World Wildlife Fund did not partner with groups like Coca-Cola.

The ultimate American brand, Coca-Cola's perceived cultural pervasiveness and arrogance meant they were the enemy. But not anymore.

Coca-Cola Canada president Nicolaos Koumettis said the company has actively tried to shed its image of taking over the world to one that preserves it over the past decade.

"What happened is that we all learned, and that includes the WWF ... that if you want to achieve something big, you have to work in partnership.

"We've worked with the WWF for many years on water conservation, and now it was time to take it to a new level."

Arctic Home is a major campaign launched by the WWF and Coca-Cola to raise money for polar-bear research in the Arctic. Koumettis said Coca-Cola will donate $2 million over the next four years toward that research.

ELISHA DACEY/METRO

▶ Arctic Home is a new partnership between the WWF and Coca-Cola designed to generate awareness of the plight of the polar bear.

Gerald Butts, president and CEO of WWF Canada, said working with corporate partners who want to make the world better can affect the most change.

"In general, you can make things happen a lot quicker with companies, especially on big issues," said Butts, adding that Coke is one of the world's biggest users of water, sugar, aluminum and other commodities.

"If they decide they are only going to buy goods that are procured and grown in a certain way, then we can change the supply chain overnight. We could lobby 100 governments for 50 years and never get them to change."

To promote the campaign, Coca-Cola changed its can from the traditional red to white with silver polar bears.

"It wasn't a hard decision," said Koumettis.

Donations can be made at iCoke.ca. Coca-Cola will match donations from North America up to $1 million, in addition to money already pledged.

ELISHA DACEY

To make a donation, visit iCoke.ca

ELISHA DACEY/METRO

Polar bears essential to Churchill: Mayor

There are arguably only two industries in Churchill: Shipping and tourism. And both are under threat.

The economy over the past five years means tourism is down overall, said Mike Spence, Churchill's mayor and owner of Wat'chee Lodge.

"Tourism has been down over the last couple of years due to the economy," said Spence. "It's understandable. People have less money to spend."

Churchill currently has a stable population of about 900 people, which doubles during bear season. However, Churchill's population used to be much bigger.

"I grew up here when it had 6,000 people," said Spence. "Tourism wasn't even on the drawing board."

The population dwindled, however, when the Canadian Armed Forces moved out, so citizens had to start looking for new ways to bring money back into the town.

"Tourism began to be kicked into gear because we had more bears coming through (the town) because the military wasn't keeping them out."

In the late 1980s, tourism exploded. Since then, the polar bear has become synonymous with Churchill.

"When you're tagged with the moniker The Polar Bear Capital of the World, there's a lot of pride in that," said Spence.

ELISHA DACEY

Tourist draws

- Tens of thousands of people flood to Churchill every year, mostly to see the polar bears.
- Excursions to see the northern lights in winter, birds in spring and beluga whales in summer also draw tourists to the town.

Ultimate logo

Polar bears have been used as a logo for everything from diamonds to sports teams.

- The polar bear has been the official symbol of Coca-Cola since 1922. It started with an ad campaign in France and grew from there.
- Canadian company Polar Bear Diamonds uses the bear as its official symbol.
- The Hudson Bay Helicopters uses a polar bear in its logo.

Value of summer ice

Ice is hugely important in the life cycle of polar bears, even in summer Here are 6 reasons why:

ELISHA DACEY
@METRONEWS.CA

1. Polar bears' favourite food is ring seals, and ring seals are hunted from the ice. If the ice has disappeared, the bear is forced onto shore, where seals can't be hunted. When the ice freezes over in winter, there is little to eat.

2. With fewer seals to feast on, the female polar bears don't gain enough weight. While there may be other sources of food available, the fatty ring seals provide a higher caloric content.

3. If female polar bears don't put on enough weight, they are less likely to become pregnant or carry cubs to term.

4. Fewer pregnancies means there are fewer polar bears.

5. Polar bears also prefer to avoid each other. Less sea ice in the summertime means bears will have more frequent encounters with other bears and less space to roam.

6. The loss of summer ice is already having an effect on polar-bear populations. Bears are resorting to eating nutritionally deficient foods such as kelp, and instances of cannibalism are on the rise.

Melting ice taking its toll

The melting of Arctic ice in the summer will be both an economic blessing and a curse, says marine scientist Dr. Peter Ewing.

• Warmer summer months mean longer shipping seasons for the port of Churchill. Passages that were previously ice-covered will become much easier to navigate. More shipments means more jobs. It also means the easier shipment of necessary goods to Northern Canada.

• Local Inuit will see a vast cultural change. Peoples who hunt and trap to feed their families will see their traditional culture evolve as bears, seals and other Arctic animals disappear. The government will have to deal with an entire culture that can no longer support itself.

• People do not understand the role the Arctic plays in regulating weather, said Ewing. A melting Arctic means the Earth will heat up even faster, leading to more violent weather and flooding, which will result in more damage to cities and infrastructure, not to mention the loss of life. The total bill for all this chaos is impossible to estimate accurately, but some reports have put it at trillions of dollars.

ELISHA DACEY

ELISHA DACEY/METRO

▶ Polar bears are being forced onto shore, where they can't hunt due to retreating sea ice.

Italy. Protest

▶ Protesters carry a mock coffin representing the debt of Italy during a protest against austerity cuts and lack of jobs on Thursday in Naples.

CHRISTOPHER FURLONG/GETTY IMAGES

Debt discontent in Naples

Thousands of students took to the streets of Naples to protest against the lack of opportunity for future employment and impending austerity cuts by Italy's new prime minister, Mario Monti, and his recently appointed cabinet.

U.S. workers expect to stay on the job longer to retire well: Study

Survey finds that more than a quarter of young Americans don't expect any income at all from Social Security during their retirement years

Workers are growing to accept the idea that they may be working long after they've become eligible for senior discounts. Yet rather than fixate on their target retirement age, they're increasingly focused on how much money they'll need to retire, according to a new U.S. survey by Wells Fargo & Co.

This shift is coupled with their growing frustration that they're not saving enough, and the reality that many haven't created a detailed retirement plan.

One of the striking results of the survey released Wednesday is that 25 per cent of the respondents said they'll need to work until at least age 80 because they will not have enough money to retire comfortably.

Even those who plan on retiring expect they may continue working in some capacity and for various reasons: About 75 per cent said they expect to work in their retirement years; about 39 per cent said they will need to work to afford things they want or to maintain their lifestyle; and another 35 per cent say they'll work because they want to.

It seems the old expectations of working until one's 60s and then taking it easy have been cast aside.

In the survey, 76 per cent of the workers interviewed said it's more important to have a specific amount saved before retirement, regardless of age. Only 20 per cent said it is more important to retire at a specific age, regardless of savings.

The survey focused on 1,500 respondents in their 20s through their 70s with household income of $25,000 to $99,999, and household investable assets of $99,999 or less. The intent was to centre in on middle-class workers and retirees.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. THURSDAY

TSX	Dollar
- 258.93 (11,915.43)	- 0.51¢ ($97.25¢ US)

Oil	Natural gas
- $3.77 US ($98.82 US)	$3.41 (+ 6.6¢)

Gold $1,720.20 US (- $54.10 US)

No 'Freedom 55' for Canadians: Royal Bank

More than one in three Canadians expect they'll be carrying mortgage debt long after they turn 65, according to Royal Bank's latest housing survey.

The report found that one-third of Canadians who are 55 or older have at least 16 years left on their mortgage term.

Fifty-seven per cent of survey respondents said they expect to have mortgages after the age of 55, with nearly one-third expecting to carry debt after age 65.

Three-quarters of Canadians surveyed for the poll released Thursday said they want to be mortgage-free by age 65.

But those expectations may be out of line with reality.

"Canadians want to be mortgage-free as they approach retirement age and beyond, but the reality is that it takes prudent planning and the right advice to stay on track," said Claude DeMone, RBC's director of strategy for home equity financing. "With many more people working to the age of 65, it is not unusual that that debt would be carried along." THE CANADIAN PRESS

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Without our product, consumers are often unable to purchase a vehicle or they purchase an unreliable one and are not provided the opportunity to improve their credit standing. As we report to all major financial national credit reporting agencies, a significant number of our customers improve their lives by improving their credit score and move on to more traditional sources of financing. We have the late model vehicles people want and the ones that will qualify for this type of funding. The only thing that will affect your ability not to be approved is no down payment. And with that being said we are not here to put someone in a car that does not match their ability to pay, we want this to be a successful process that will allow those with credit problems to rebuild their lives. I know they will benefit from this program and they will always come back to us to buy a car.
From what we were told in Toronto, business starts coming in from referrals, from our own customers who find out this program is for real. They usually tell all their family and friends about it. "This is a once in a lifetime opportunity for someone to come in to us and drive home a nice car and rebuild their credit," adds Doug. Our staff has even told their families and friends to come down and we've notified some local companies and their employees to come down as well to take advantage of these great opportunities to rebuild your credit.
CAR proof HISTORY REPORTS are available on every vehicle. You can drive home with confidence that you know what you are buying. If I were in the market for a quality pre-owned certified vehicle, I would definitely come down early for the best selection."

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CANADA SHORT ON DRUGS, NBA SHORT ON GAMES

THE METRO LIST

MIKE BENHAIM
METRO

1 Adult education. U.S. Prez Barack Obama raised eyebrows at the APEC summit in Hawaii with his comments regarding China's economic responsibility. Obama stated that now that they're a full-grown economic power, it is time to "Act like a grownup." China's delegates responded by saying, "I know you are, but what am I?"

2 Stick it to da man! An Ontario man drove his car through the front doors of Waterloo Regional Police headquarters last Sunday. Police believe it was deliberate because, instead of stopping, he continued driving around the reception desk before crashing into a vending machine. No one was hurt, but the man's Twix bar did remain lodged on the coil dispenser, and his change was never returned. That is frustrating.

3 Where my drugs at? Apparently Canada is experiencing some dubious medication shortages. Health Canada says their only concern is drug safety, while distribution is left to the pharmaceutical companies. The reason for the shortage is unknown as is the extent and impact because our government does not collect such data. To be fair though, the shortage will not affect the majority of Canadians. It's really just the sick people.

4 Hands off. Brief note in case of ambiguity: Showering with your 11-year-old son at the gym — fine. Showering with someone else's 11-year-old son — NOT FINE! Any questions, Penn State?

5 Smooth Criminal. Last week, Michael Jackson's personal physician, Dr. Conrad Murray, was found guilty of involuntary manslaughter for negligence believed to have caused the singer's death in 2009. He faces up to four years in prison while Michael's plastic surgeons get off scot-free.

6 Too much too soon. Seventeen-year-old Justin Bieber recently dished out 100,000 pounds on a new Range Rover with a custom sound system worth 50,000 pounds. This is just one of many for Justin, including a Batman-themed Cadillac and a Ferrari, which he recently smashed. When I was 17, my parents grounded me for a fender-bender in my mom's 1978 Monte Carlo. Just saying.

7 In yo' face. Just when we thought they were close to an agreement, the NBA lockout hit an impasse this week. With a shortened season looming, millionaires on both sides could not arrive at an answer to the question "How many millions is too many millions?" The likely answer now is "No millions at all."

8 Sweet Jesus. Canadian comic Russell Peters will perform a nativity sketch in his Christmas special, which airs on CTV and The Comedy Network in December. He has chosen Pamela Anderson to play the Virgin Mary, which is funny because it marks the first time her name and the word "virgin" have ever appeared next to each other in the same sentence.

9 A sad farewell. Canadian comic Stewart Silver passed away suddenly at age 44 this week. A national Yuk Yuk's mainstay for the past two decades, fellow Montrealer, dear friend and all-around good guy will be sorely missed. On behalf of the entire comedic community, I offer our condolences to his family. We thank you for the laughs. R.I.P.

More from Mike Benhaim at metronews.ca/backbeat

Register at metropolitanpanel.ca and take the quick poll

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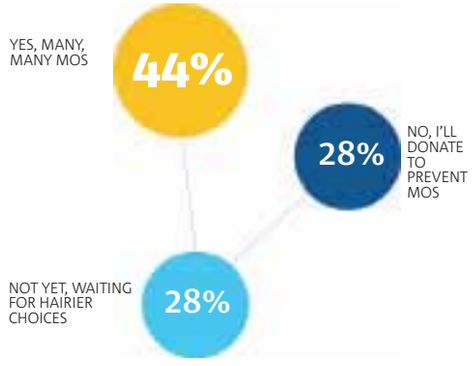

Local tweets

@Hollakeny: In order for this 20cent in to raise the proposed 6.5m a year, 26million ppl need to take transit. @TGCTS @progwinnipeg #winnipeg

@chrisreid1983: Awesome: Eastern Final has completely sold-out, marking a record eighth straight sell-out at Canad Inns Stadium. #winnipeg #bombers #cfl

@Medros: Wait, the Blue Bombers practiced INDOORS not even a week before they play a huge game OUTDOORS in #winnipeg? Wtf guys?

@GaSportsCraze: Winnipeg is now 6-9-3, 48 goals for/60 against. You can take the Thrashers out of Atl, but you can't take the #Thrashers out of the Jets

@Cynicaps: @annerD23 If it wasn't for the logistics of moving my in-laws north, I'd rather live in a box in WInnipeg than in the US. America is dead.

@Mikey_Buck: @nickrielaars Dont even waaste your time with those Chef knives.. all you need in life is the #SlapChop

Letters

Prevention and rehabilitation, education and jobs, and general economic and social equality have contributed to a drop in crime in Canada over the last several decades.

Any way you look at it, crime in Canada is dropping, maybe not enough, maybe not everywhere, but it is still dropping. But Steven Harper and the Conservatives don't seem to be able to read scientific reports and in any event would like to reverse this nasty trend. And while the Harper government does not possess a vision of Canada (all successful good governments do), they do want a more expensive Canada: one with more crime, more criminals, more prisons and less of everything that has been contributing to a drop in the crime rate — including jobs.

The Harper government, if they really are keen on saving taxpayer dollars and being tough on crime, need to listen to Texans who have already made this socially and economically and politically costly mistake.

JASON MABBOTT
TORONTO

photo of the day

PHOTO CHALLENGE

This photo titled Yanomi was submitted to the Moments of my Life category by Reed from Winnipeg.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

Flight almost gets flushed

A jammed lock on an airplane bathroom door caused anxious moments for the pilots aboard a flight from North Carolina to New York City.

The captain told air traffic controllers he accidentally got stuck on the LaGuardia Airport-bound Chautauqua Airlines flight from Asheville on Wednesday night.

When a passenger with an unfamiliar accent tried to alert the co-pilot in the cockpit, the co-pilot became alarmed and notified air traffic controllers, according to a recording of the radio exchange from the website LiveATC.net.

"The captain has disappeared in the back and I have someone with a thick foreign accent trying to access the cockpit right now, and I've got to deal with this situation," the co-pilot says.

A controller tells him to consider declaring an emergency.

The captain eventually got himself free from the lavatory. He told controllers there was no threat.

"The captain — myself — went back to the lavatory and the door latched ... and I had to fight my way out of it with my body to get the door open," the captain says. "There is no issue, no threat."

THE ASSOCIATED PRESS

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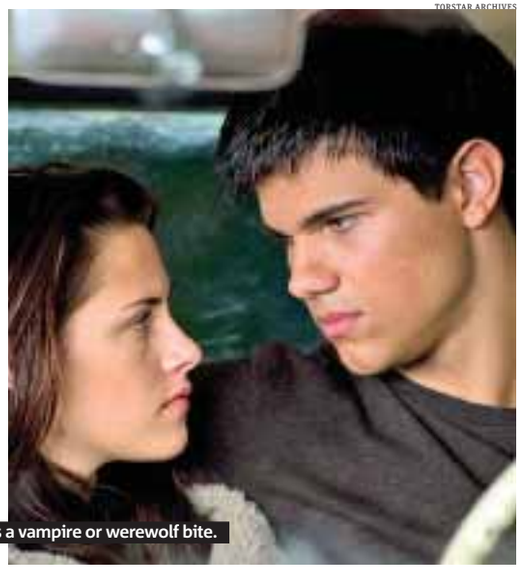
Synopsis

- **Team Werewolf:** Need some convincing to get hairy with Richard? Ginger Snaps and Dog Soldiers expand on the werewolf story. The Howling and An American Werewolf in London both contain Reagan-era thrills. And, of course, no lycanthropic list would be complete without The Wolf Man.
- **Team Vampire:** Looking for a good vampire flick to sink your teeth into? Coppola's Bram Stoker's Dracula has thrills and atmosphere. But a more unusual choice would have to be Shadow of the Vampire, one creepy flick. For over-the-top wild fun, nothing beats Nic Cage as a reluctant vampire in Vampire's Kiss.

TORSTAR ARCHIVES



▶ In the Twilight series, Bella has a hard time deciding if she wants a vampire or werewolf bite.

A 'biting' battle

Richard Crouse and Mark Breslin pick supernatural sides in an age-old battle

Richard: Mark, on the occasion of the release of Breaking Dawn, the next-to-last in the Twilight saga, it's time we finally debated the burning question on the lips of every Twihard — who would win in a fair fight between a vampire and werewolf? I'm on Team Werewolf for this one. Big fangs coupled with hot-blooded animal instincts trumps the oversized molars of the nocturnal undead any day (or night for that matter).

Mark: Fighting each other, Richard, you might have a point. But in a fight against humans, I have to say I'm a vampire man. You can spot a werewolf a mile away, enough time to run for cover. But vampires can be undetectable, until it's too late. They can seem perfectly normal until they open their mouths, kind of like members of the Tea Party. It really comes down to the relative dangers of brute force versus seduction, doesn't it?

RC: Perhaps so. Bella, the vampire groupie of Twilight, certainly finds the blood-suckers irresistible, but I'd suggest Jack Nicholson, as the hirsute gentleman in Wolf, is much more of a charmer than the vampires of Near Dark. They don't seduce as much as manipulate, taunt and slaughter their victims in the nastiest of ways.

MB: The vampires in Near Dark should be thrown out of the Vampire Union! But if you're using Jack Nicholson as an example of the urbane, more mature werewolf, let me submit Frank Langella in Dracula and George Hamilton in Love at First Bite as vampiric counterparts. The sadder but wiser vampire for me! But really, Richard, who would you rather meet in a dark alley? Kate Beckinsale or Benicio Del Toro? Case ... closed ... I think.

RC: Hmmm... I'll take Kate, but remember Underworld? She played a beautiful vampire but who was she in love with? A werewolf. I rest my case. In the battleground of love chalk one up for the werewolves. To answer our original question I checked with the authority — the internet — and found this: "In a fair fight (no weapons) a werewolf will destroy a vampire in a few seconds (unless the vampire is smart and tries to run away)." I rest my case.

MB: Ahh, but the vampire is nothing if not smart — way smarter than the werewolf — smart enough not to engage in a fight that he cannot win. But I'll concede to you on this one. I'll be in the corner ... sulking ... with Kate Beckinsale to give me solace.

Reel Guys

RICHARD CROUSE & MARK BRESLIN
SCENE@METRONEWS.CA

2 scene

Scene in brief

Ricky Gervais is returning as host of the Golden Globes. The Hollywood Foreign Press Association announced through Twitter that Gervais will take his third turn as Globes host in January. Gervais left some wondering if he'd be back after his performance at this year's show, when he took pointed jabs at Hollywood stars and the HFPA.

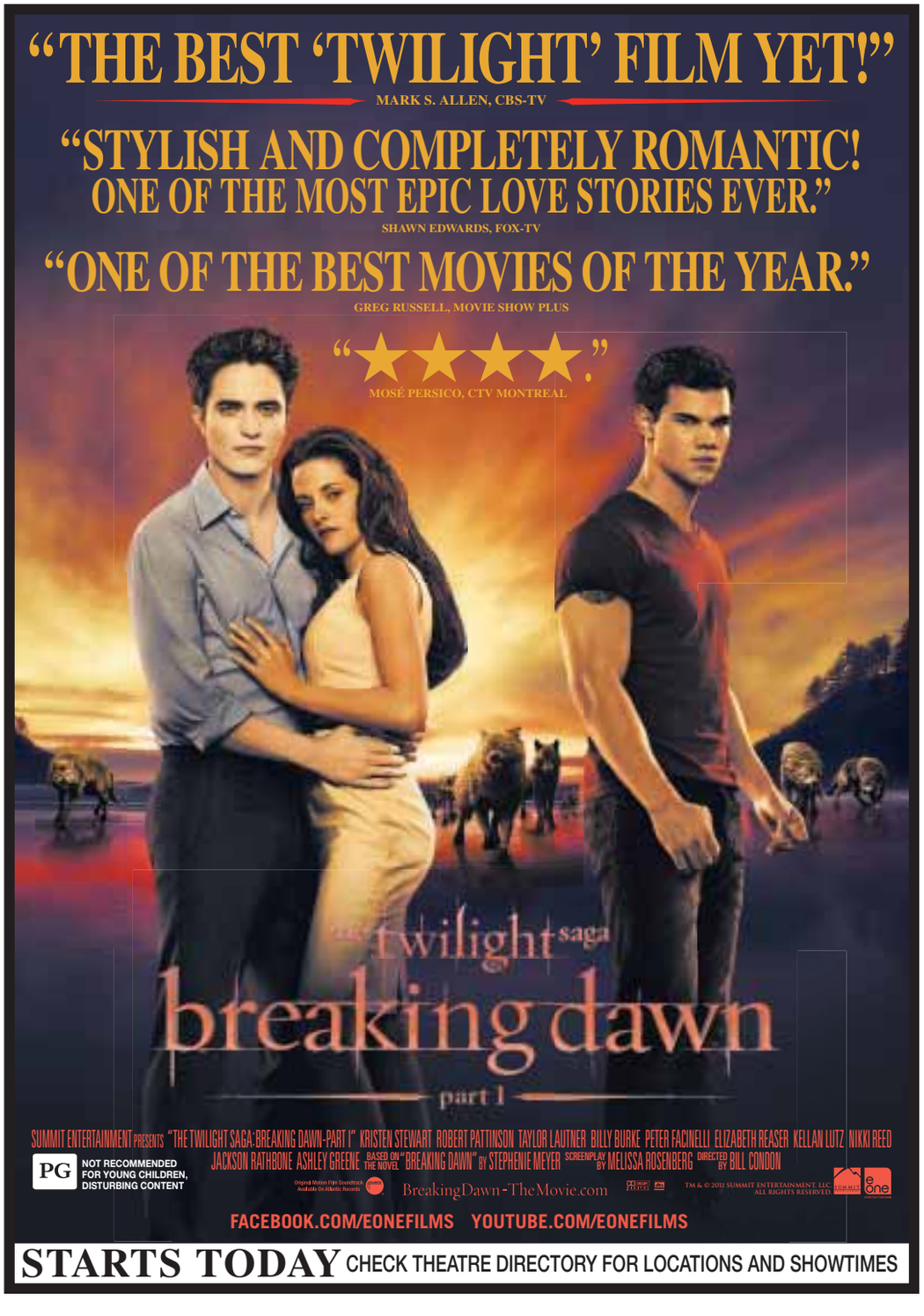
THE ASSOCIATED PRESS

Woody Allen revealed: Documentary illuminates the elusive genius

Meeting Kermit

When The Muppets iconic star Kermit The Frog came to Toronto a few weeks ago for a media press conference hosted by Metro's own Richard Crouse, this scribe brought his four-year-old son Jack out to meet him. Sitting attentively in the front row amidst a sea of print, radio and TV elite, Jack — who had just come from a press screening of the film — listened and watched wide eyed as Kermit fielded reporters' questions and engaged in all manner of witty banter. When Crouse called an end to the event, Jack moved closer, offering Kermit a picture he drew and hoping to shake the Frog's fuzzy hand. Kermit obliged, of course, carefully saddling up beside the understandably starstruck lad, posing for a photo and a hug. It was the kind of moment a child — and a film loving parent — only dream of experiencing and if the look on Jack's face and the excited stories he now relates daily about that moment are any indication, the over four-decades-old Muppets franchise still has massive magic.

CHRIS ALEXANDER/METRO NEWS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GREG RUSSELL, MOVIE SHOW PLUS
"★★★★."
MOSÉ PERSICO, CTV MONTREAL
the twilight saga
breaking dawn
part 1
SUMMIT ENTERTAINMENT PRESENTS "THE TWILIGHT SAGA: BREAKING DAWN - PART 1" KRISTEN STEWART ROBERT PATTINSON TAYLOR LAUTNER BILLY BURKE PETER FACINELLI ELIZABETH REASER KELLAN LUTZ NIKKI REED JACKSON RATHBONE ASHLEY GREENE BASED ON THE NOVEL "BREAKING DAWN" BY STEPHENIE MEYER SCREENPLAY BY MELISSA ROSENBERG DIRECTED BY BILL CONDON
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Segel gets his puppet on

Muppet master Jason Segel helps Kermit and friends put on a show to remind the world about the Muppets

CHRIS ALEXANDER
SCENE@METRONEWS.CA

The man who had his own masturbation station in the laugh out loud bromance I Love You, Man, may seem like the least likely candidate to revive a legendary children's entertainment franchise, but that's exactly what charming multi-hyphenate actor/writer Jason Segel did with his latest picture, The Muppets.

Segel (who also wrote and starred in Forgetting Sarah Marshall, as well as serving as one of the leads on the smash hit sitcom How I Met Your Mother) penned the screenplay and stars as Gary, happy go lucky brother to melancholy muppet Walter, a felt-skinned kid who is obsessed with the late, lamented variety series The Muppet Show. When the siblings — along with Gary's fiancée Mary (Amy Adams) venture to Hollywood to find Kermit, Miss Piggy, Fozzie et al, they pal around with a legion of Henson heroes, run afoul of an evil oil baron and spearhead a comeback show. It's all rather marvelous, heartfelt fun.

"When I started this project," said Segel in Toronto recently to promote the film, "I made it mandatory that we had to acknowledge that the Muppets aren't as famous anymore. And I'll be honest, there was some controversy, there was some ego involved there, but it was important. But it became the core of the film, that the Muppets have to put on a show to remind the world about them."

Over 270 Muppets make it onto the screen, including such obscure characters as the diabolical Uncle Deadly and the massive Sweetums. In fact the only Muppet created for the film is Walter, our entry point into the film. Originally, however, Walter was designed to be a very different character.

"In my early drafts Walter was a puppet, my ventriloquist dummy and the secret is that he's actually alive," admits Segel.

"But when the puppeteers got involved in the process, they said you never acknowledge that these character are puppets, ever. So instead, we made him my brother…and we never acknowledge it!"

The Muppets is ideal family fare, with enough antics and tunes to please the kids and plenty of humour to please the parents. In other words, it's a classic Muppets outing in every sense.

"It was all about balancing levels of nostalgia … and about making sure people just have a great time at the movies," says Segel.

HANDOUT

Movie reviews

See it twice ●●●●● | See it now ●●●● | Worth watching ●●● | Yawn ●● | Don't bother ●

Happy Feet Two
Genre: Animation
Director: George Miller
Stars: Elijah Wood, Robin Williams, Pink
●●●●

The original Happy Feet and its sequel don't look or feel like other movies for kids. Director George "Mad Max" Miller is a maximalist director who opens up the usual kid flick palette with swooping cameras, wide-open vistas and beautifully effective 3D.

Featuring a cast of thousands — animated penguins as far as the eye can see and "krillions" of krill — Happy Feet Two is made on a scale that would make Cecil B. DeMille proud.

It's also a step above most kid's movies. Joyful and beautiful to look at, it has more to say about life, love and the pursuit of happiness than most movies aimed at adults. ● RICHARD CROUSE

The Twilight Saga: Breaking Dawn - Part 1
Genre: Drama
Director: Bill Condon
Stars: Kristen Stewart, Robert Pattinson, Taylor Lautner
●

Maybe excessive punctuation in a title should serve as a warning, because any film that needs both a colon and a dash to announce itself is obviously taking itself too seriously. Lurching toward the conclusion of the Twilight series, the first half of Breaking hits screens with a resounding thud, committing a sin the previous films had at least managed to avoid, despite their faults: The new film is incredibly boring. There's precedence for this two-book split, of course, as the Harry Potter folks divided their final installment into two massive films over the past year. But the effectiveness of their move only further highlights how unnecessary it is here. The events of the film's first hour — planning the wedding, going through with the wedding, going on a honeymoon and Bella getting knocked up — could've taken 15 minutes in the hands of filmmakers less concerned with overindulging the series, diehard fans. But then, maybe they were right to do it this way, as there's clearly no other possible audience for this than Twihards who have already drunk the Kool-Aid. ● NED EHRBAR

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WINNIPEG

Cinema City McGillivray
2190 McGillivray Blvd., 204-269-9981

Abduction (14A) Fri-Thu 3:50-9:10
The Big Year (G) Fri-Thu 2:20-4:40-7:50-10:20
Cars 2 3D (G) Fri-Thu 1-7
Conan the Barbarian (18A) Fri-Thu 9:40
Contagion (STC) Fri-Thu 2:10-4:50-8:10:30
Crazy, Stupid, Love. (PG) Fri-Thu 12:50-4:30-7:10-9:50
Don't Be Afraid of the Dark (STC) Fri-Thu 2-5:10-7:40-10:25
Harry Potter and the Deathly Hallows: Part 2: 3D (PG) Fri-Thu 3:50-9:30
The Help (PG) Fri-Thu 12:40-3:40-6:50-10
Johnny English Reborn (PG) Fri-Thu 2:30-5-7:30-10:10
The Lion King 3D (STC) Fri-Thu 1:50-4:10-6:30-9
Moneyball (PG) Fri-Thu 1:20-4:20-7:20-10:15
The Smurfs (G) Fri-Thu 1:10-3:30-6:10
Spy Kids: All the Time in the World in 4D (STC) Fri-Thu 1:40-6:20
What's Your Number? (14A) Fri-Thu 1:30-4-6:40-9:20

Cinema City Northgate
1399 McPhillips Street, 204-334-6234

Abduction (14A) Fri-Sun 9:20 Mon-Thu 7:40
The Big Year (G) Fri 4-6:30-8:50 Sat-Sun 1:30-4-6:30-8:50 Mon-Thu 5:40-8
Contagion (STC) Fri 4:10-6:40-9:10 Sat-Sun 1:10-4:10-6:40-9:10 Mon-Thu 5:30-8:10
Don't Be Afraid of the Dark (STC) Fri 4:50-7:30-9:50 Sat-Sun 1:50-4:50-7:30-9:50 Mon-Thu 5:50-8:20
The Help (PG) Fri 3:50-7:10 Sat-Sun 12:50-3:50-7:10 Mon-Thu 4:40-7:50
Hero Hitler in Love (STC) Fri 3:40-6:20-9 Sat-Sun 12:40-3:40-6:20-9 Mon-Thu 5-8:10
Johnny English Reborn (PG) Fri 4:40-7:10-9:30 Sat-Sun 1:40-4:40-7:10-9:30 Mon-Thu 5:10-7:30
Moneyball (PG) Fri 4:20-7:20-10:10 Sat-Sun 1-4:20-7:20-10:10 Mon-Thu 4:50-8
The Smurfs (G) Fri 4:30-6:50 Sat-Sun 1:20-4:30-6:50 Mon-Thu 5:20

Famous Players Kildonan Place
1555 Regent Ave W, 204-663-2166

Happy Feet Two (G) No Passes Fri 4:30-7:10-9:40 No Passes Sat-Sun 1:30-4:30-7:10-9:40 No Passes Mon-Thu 6:10-8:40
Immortals (18A) Fri 3:50-6:40-9:20 Sat-Sun 1:10-3:50-6:40-9:20 Mon-Thu 6-8:50
J. Edgar (PG) Fri 3:30-6:30-9:30 Sat-Sun 12:50-3:40-6:30-9:30 Mon-Thu 5:20-8:20
Jack and Jill (PG) Fri 4:20-7:20-9:50 Sat-Sun 1:20-4:20-7:20-9:50 Mon-Thu 5:50-8:10
Puss in Boots (G) Fri 4-6:50-9:10 Sat-Sun 1:40-4-6:50-9:10 Mon-Thu 5:40-8
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri 4-7:10 No Passes Sat-Sun 1-4-7:10 No Passes Mon-Thu 5:30-8:30

Grant Park 8 Cinemas
1120 Grant Ave., 204-453-4084

Happy Feet Two 3D (G) Dolby Stereo Digital, Stadium Seating, No Passes Fri 3:20-6:35-9:55 Dolby Stereo Digital, Stadium Seating, No Passes Sat-Sun 12:20-3:20-6:35-9:55 Dolby Stereo Digital, Stadium Seating, No Passes Mon-Thu 3:20-6:35-9:55
Hugo (PG) Dolby Stereo Digital, Stadium Seating Wed-Thu 4:05-7:05-10
The Ides of March (14A) Dolby Stereo Digital, Stadium Seating Fri 4:05-6:55-9:35 Dolby Stereo Digital, Stadium Seating Sat-Sun 1-4:05-6:55-9:35 Dolby Stereo Digital, Stadium Seating Mon-Tue 4:05-6:55-9:35
J. Edgar (PG) Dolby Stereo Digital, Stadium Seating, No Passes Fri 3:45-6:50-9:45 Dolby Stereo Digital, Stadium Seating, No Passes Sat-Sun 12:50-3:45-6:50-9:45 Dolby Stereo Digital, Stadium Seating Mon-Thu 3:45-6:50-9:45
Jack and Jill (PG) Dolby Stereo Digital, Stadium Seating Fri 4-6:45-9:30 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:10-4-6:45-9:30 Dolby Stereo Digital, Stadium Seating Mon-Thu 4-6:45-9:30
The Muppets (G) Dolby Stereo Digital, Stadium Seating Wed-Thu 3:55-6:55-9:35
Puss in Boots (G) Dolby Stereo Digital, Stadium Seating Sat-Sun 12:25 Dolby Stereo Digital, Stadium Seating Wed-Thu 3:40-6:30-9:20
Puss in Boots 3D (G) Dolby Stereo Digital, Stadium Seating Fri-Tue 3:40-6:30-9:20
Tower Heist (PG) Dolby Stereo Digital, Stadium Seating Fri 3:50-7:10:05 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:40-3:50-7:10:05 Dolby Stereo Digital, Stadium Seating Mon-Thu 3:50-7:10:05
The Twilight Saga: Breaking Dawn Part 1 (PG) Dolby Stereo Digital, Stadium Seating, No Passes Fri 3:30-3:55-6:40-7:05-9:50-10:15 Dolby Stereo Digital, Stadium Seating, No Passes Sat-Sun 12:30-12:55-3:30-3:55-6:40-7:05-9:50-10:15 Dolby Stereo Digital, Stadium Seating, No Passes Mon-Tue 3:30-3:55-6:40-7:05-9:50-10:15 Dolby Stereo Digital, Stadium Seating, No Passes Wed-Thu 3:30-6:40-9:50

HANDOUT

▶ Immortals stars Henry Cavill as Theseus, a mortal chosen to lead a fight against the ruthless King Hyperion.

IMAX Theatre at Portage Place
Y003-393 Portage Avenue, 204-956-4629

The Alps (STC) Mon-Wed 11 Tue 12:10 Wed 6
Born to Be Wild 3D (G) Fri 7:30 Sat 1:15-5:45 Sun 2:30 Tue 6:45 Wed 10
Dolphins and Whales 3D: Tribes of the Ocean (G) Thu 1
Egypt 3D: Secrets of the Mummies (STC) Mon 12
The Human Body (STC) Fri 12:10 Tue 11:10 Thu 2
Tornado Alley (G) Fri 1:15-6:15-8:45 Sat 12-2:30-7 Sun 1:15-3:45 Mon 1:15 Tue 8 Wed 7
The Ultimate Wave Tahiti 3D (STC) Fri 11:10 Sat 4:30 Sun 12 Tue 1:15 Thu 11:45

Landmark Globe Cinema
393 Portage Ave, 204-943-1583

J. Edgar (PG) Fri 6:50-9:30 Sat-Sun 1-3:40-6:50-9:30 Mon-Thu 6:50-9:30
Martha Marcy May Marlene (14A) Fri 7:15-9:50 Sat-Sun 1:15-3:30-7:15-9:50 Mon-Thu 7:15-9:50
The Way (PG) Fri 7-9:40 Sat-Sun 1:20-3:45-7-9:40 Mon-Thu 7-9:40

Landmark Towne Cinema 8
301 Notre Dame Avenue, 204-947-2848

Arthur Christmas (G) Wed-Thu 7-9:20
Happy Feet Two (G) Fri 7-9:20 Sat-Sun 1-3:45-7-9:20 Mon-Thu 7-9:20
Immortals (18A) Fri 6:50-9:30 Sat-Sun 1-3:30-6:50-9:30 Mon-Thu 6:50-9:30
Jack and Jill (PG) Fri 7-9:15 Sat-Sun 1-3:30-7-9:15 Mon-Thu 7-9:15
A Legend of Whitey (STC) Fri 7:15-9:15 Sat-Sun 1:30-3:30-7:15-9:15 Mon-Thu 7:15-9:15
The Muppets (G) Wed-Thu 6:50-9:15
Paranormal Activity 3 (14A) Fri 7:15-9:30 Sat-Sun 1:15-3:30-7:15-9:30 Mon-Tue 7:15-9:30
Puss in Boots (G) Fri 7:15-9:20 Sat-Sun 1:30-3:45-7:15-9:20 Mon-Thu 7:15-9:20
Tower Heist (PG) Fri 7-9:15 Sat-Sun 1:15-4-7-9:15 Mon-Tue 7-9:15
The Twilight Saga: Breaking Dawn Part 1 (PG) Fri 6:45-9:30 Sat-Sun 1:15-4-6:45-9:30 Mon-Thu 6:45-9:30

SilverCity Polo Park
815 St. James Street, 204-774-1001

Arthur Christmas 3D (G) No Passes Wed-Thu 2:10-4:50-7:30-9:50
Happy Feet Two (G) No Passes Fri-Sun 1:15-3:55-6:50-9:35 No Passes Mon-Tue 1:15-3:55-6:35-9:20 No Passes Wed 3:50-7-9:20 No Passes Thu 1:15-3:50-6:35-9:20 Star & Strollers Screening, No Passes Wed 1
Happy Feet Two: An IMAX 3D Experience (G) No Passes Fri-Sun 12-2:30-5-7:30-9:55 No Passes Mon-Thu 2-4:30-7-9:30
Hugo 3D (PG) No Passes Wed-Thu 1:30-4:15-7:05-10:05
Immortals 3D (18A) Fri 11:45-2:25-5:20-8-10:45 Sat 1-2:45-5:20-8-10:45 Sun 11:45-2:25-5:20-8-10:45 Mon-Thu 2:30-5:10-7:50-10:30
In Time (PG) Fri-Sat 7:40-10:20 Sun 10:35 Mon-Tue 7:35-10:15
J. Edgar (PG) Fri-Sun 1:25-4:25-7:25-10:30 Mon-Thu 1-3:55-6:55-10
Jack and Jill (PG) Fri-Sun 1:20-3:40-6-8:20-10:40 Mon-Tue 2:40-5-7:30-9:55 Wed 5-7:25-9:55 Thu 2:20-5-7:25-9:55 Star & Strollers Screening Wed 1
The Muppets (G) No Passes Wed-Thu 1:50-4:35-7:10-10
Paranormal Activity 3 (14A) Fri 1-3:20-5:35-7:55-10:25 Sat 5-35-7:55-10:25 Sun 1-3:05-4:40-8-10:25 Mon-Tue 1:10-3:20-5:35-7:55-10:25
Puss in Boots (G) Wed-Thu 2:05-4:20-7:15-9:35
Puss in Boots 3D (G) Fri-Sun 12:05-2:35-5:05-7:30-9:50 Mon 2:05-4:20-9:35 Tue 2:05-4:20-7:10-9:35
Real Steel (PG) Fri-Sat 1:40-4:40 Sun 5:10 Mon-Tue 1:50-4:40
Satyagraha (STC) Sat 11:55
The Sleeping Beauty Live - Bolshoi Ballet (STC) Sun 1
Tower Heist (PG) Fri-Sun 12:30-3-5:40-8:15-11 Mon-Tue 2:15-4:55-7:45-10:25 Wed 1:45-4:15-10:20 Thu 2:15-4:55-7:45-10:25
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri-Sun 11:30-12-12:45-1:30-2:10-2:40-3:40-4:15-4:55-5:25-6:40-7:10-7:40-8:10-9:30-10-10:35-10:55 No Passes Mon-Tue 1-1:30-2-2:30-3:45-4:15-4:45-5:15-6:40-7:10-7:40-8:10-9:30-10-10:30 No Passes Wed 1-1:30-2-3:45-4:15-4:45-6:40-7:10-7:40-9:30-10-10:30 No Passes Thu 1-1:30-2-3:45-4:15-4:50-6:40-7:10-7:40-9:30-10-10:30
A Very Harold & Kumar 3D Christmas (18A) Fri 1:30-3:50-6:10-8:30-10:50 Sat 12:35-3:50-6:10-8:30-10:50 Sun 1:30-3:50-6:10-8:30-10:50 Mon-Tue 1:05-3:20-5:40-8:10:20
A Very Harold & Kumar Christmas (18A) Wed-Thu 1:05-3:20-5:40-8:10:20
WWE Survivor Series - 2011 (STC) Sun 7

SilverCity St. Vital
110-1225 St Mary's Rd, 204-256-3901

Arthur Christmas (G) No Passes Wed-Thu 4:10-6:40-9:20
Footloose (PG) Fri 1-3:50-6:30-9:30 Sat 4:50-7:30-10:20 Sun-Mon 1-3:50-6:30-9:30 Tue 3:50-6:30-9:30 Wed-Thu 10:10
Happy Feet Two 3D (G) No Passes Fri-Mon 1:40-4:20-7:10-10 No Passes Tue-Thu 4:20-7:10-10
Hugo 3D (PG) No Passes Wed-Thu 3:50-7-10
Immortals 3D (18A) Fri-Mon 1:10-4-7-10:10 Tue-Thu 4-7-10:10
Jack and Jill (PG) Fri-Mon 2:10-4:50-8-10:30 Tue-Thu 4:50-8-10:30
The Metropolitan Opera: Anna Bolena - Encore (STC) Mon 5:30
The Muppets (G) No Passes Wed-Thu 4:40-7:20-10:20
Puss in Boots (G) Wed-Thu 5:30-7:50
Puss in Boots 3D (G) Fri-Mon 12:50-3:10-5:30-7:50-10:10 Tue 5:30-7:50-10:10
Satyagraha (STC) Sat 11:55
The Sleeping Beauty Live - Bolshoi Ballet (STC) Sun 1
Tower Heist (PG) Fri-Sun 1:20-4:10-6:40-9:40 Mon 12:50-3:10-10:20 Tue-Thu 4:10-6:40-9:40 Star & Strollers Screening Thu 1
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri-Sun 12:50-1:30-2-3:50-4:30-5-6:50-7:30-8-9:50-10:30-10:50 No Passes Mon 12:50-1:30-2-3:50-4:30-5-6:50-7:30-8-9:50-10:30 No Passes Tue 3:50-4:30-5-6:50-7:30-8-9:50-10:30 No Passes Wed-Thu 3:50-4:30-6:50-7:30-9:50-10:30 Star & Strollers Screening, No Passes Thu 1
A Very Harold & Kumar Christmas (18A) Fri-Sat 1:50-4:40-7:20-10:20 Sun 4:40-7:20-10:20 Mon 1:50-4:40-7:20-10:20 Tue 4:40-7:20-10:20

Cinematheque
304-100 Arthur, 204-925-3457

Bloodied but Unbowed: Uncut (STC) Fri-Sat 9 Wed-Thu 9:30
The Interrupters (STC) Wed-Thu 7
No Films Showing Today (STC) Mon-Tue
The Upsetter (STC) Fri-Sun 7

City Cinema - Northgate
1399 McPhillips, 204-334-6234

Abduction (14A) Fri-Sun 9:20 Mon-Thu 7:40
The Big Year (G) Fri 4-6:30-8:50 Sat-Sun 1:30-4-6:30-8:50 Mon-Thu 5:40-8
Contagion (STC) Fri 4:10-6:40-9:10 Sat-Sun 1:10-4:10-6:40-9:10 Mon-Thu 5:30-8:10

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Kristin Cavallari takes on the Kardashians

Reality star accuses famous family of spreading rumours

ALL PHOTOS GETTY IMAGES

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

Oh, snap! I've never been a super fan of Kristin Cavallari as, really, I'm not too sure what there is to be impressed by.

But I might have a change of heart as she totally called out the Kardashians on The Billy Bush Show on Wednesday.

Here's the backstory: Life & Style is running a story that Scott Disick, the boyfriend and baby daddy of Kourtney Kardashian, fooled around with Cavallari before hooking up with Kourtney.

Kristin says this is "100 per cent not true" and accused the Kardashians of making news where there is none.

▶ Kristin Cavallari

(The Kardashians flaming gossip rumours? Never!)

"What convenient timing for them. With their show premiering next week and with everything that's going on for Kim, I feel like they're trying to take the heat off her," she told Bush.

"When there's a big story like that, they always call you and ask if you want to comment and clearly none of them denied it, so it's very — it's really disrespectful to me. ... I'm in a committed relationship. It's disrespectful to me and Jay (Cutler) and I think it just says a lot about their character."

Um, everything that has happened in the past year with the Kardashians says a lot about their character, don't you think?

Demi Moore and Ashton are done

GETTY IMAGES

Demi Moore is ending her marriage to Ashton Kutcher.

The 49-year-old actress announced her divorce plans to The Associated Press Thursday, saying she's doing it with "great sadness and a heavy heart."

She said that "as a woman, a mother and a wife, there are certain values and vows that I hold sacred, and it is in this spirit that I have chosen to move forward with my life."

Moore adds that it's a trying time for her and her family, so she asked for people to respect her privacy.

Moore and Kutcher were wed in September 2005. The couple's relationship became tabloid fodder in recent months as rumours swirled about Kutcher's alleged infidelity.

THE ASSOCIATED PRESS

▶ Ashton Kutcher and Demi Moore.

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3 life

Baking guides

Not sure about your baking abilities? The Baker's Field Guide series offers a practical guide for even the most novice baker.

The series includes Holiday Candy and Confections, with a selection of goodies to get you through the Yuletide season, as well as guides to cupcakes chocolate chip cookies. Harvardcommonpress.com.

METRO

German designer proves that milk does a body good — even when it's worn.

Put on your baker's hat

Forget running out to the bakery next time you want fresh bread
These recipes offer three variations so you can keep on baking

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

The appeal of quick breads isn't merely the ease, though you have to love any baked good that is no more complicated than mixing a bunch of things together, then baking.

But it also is the adaptability and flexibility of these recipes that have earned them such a coveted place in the home kitchen. They can be flavoured with nearly any combination of ingredients, from sweet all the way to savoury and spicy.

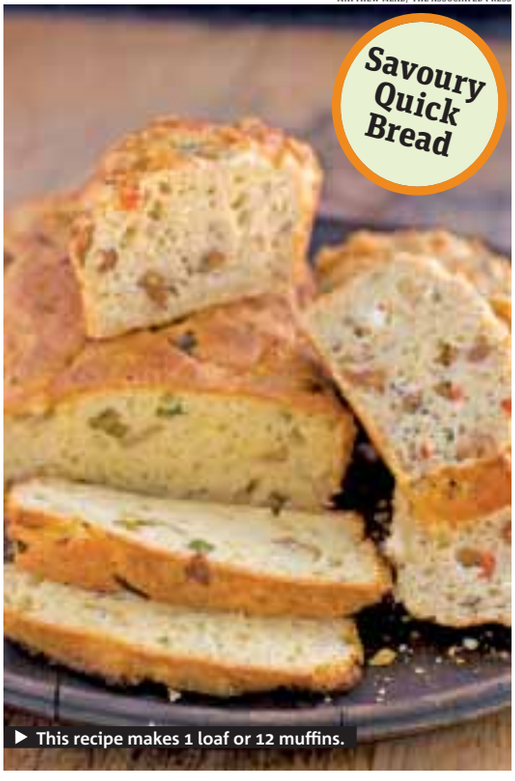
They also can be baked in numerous styles — loaves large or small, as muffins, even simply as muffin tops (if you have the right pan).

To help get you baking this fall, here are two basic quick bread base recipes; one savoury and one sweet. Each recipe includes suggested flavourings – easy ways to take a basic bread and turn it into so much more.

Savoury Quick Bread Preparation:

1 Heat oven to 180 C (350 F). Coat a loaf or muffin pan with cooking spray.

MATTHEW MEAD/ THE ASSOCIATED PRESS



This recipe makes 1 loaf or 12 muffins.

2 In a large bowl, whisk together flour, cornmeal, baking powder, salt and sugar. In another bowl, mix together sour cream, butter, eggs, mashed potato and the mix-ins of your choice. Add potato-sour cream mixture to flour mixture and mix just until combined.

3 For loaf, spread batter into prepared pan. Cook until a wooden skewer inserted at the centre comes out clean, 60 minutes. For muffins, spoon batter into prepared tins and bake 20 minutes. Let cool for 10 minutes in pan, then turn out onto a cooling rack. Let loaf cool fully before cutting. EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA /THE ASSOCIATED PRESS

Ingredients:

- 500 ml (2 cups) all-purpose flour
- 50 ml (1/4 cup) cornmeal
- 12 ml (2 1/2 tsp) baking powder
- 5 ml (1 tsp) salt
- 30 ml (2 tbsp) sugar
- 250 ml (1 cup) sour cream
- 45 ml (3 tbsp) melted butter
- 2 eggs
- 250 ml (1 cup) cooked, mashed potato (unseasoned)
- Mix-ins (see fact box)

Variations

- **Southwestern**
  125 ml (1/2 cup) diced cooked bacon, 50 ml (1/4 cup) cooked diced green pepper, 125 ml (1/2 cup) cooked diced onion, 15 ml (1 tbsp) diced jalapeno
- **Olive-herb**
  175 ml (3/4 cup) chopped olives, 125 ml (1/2 cup) grated Parmesan, 30 ml (2 tbsp) chopped capers, 15 ml (1 tbsp) chopped fresh thyme, 15 ml (1 tbsp) chopped fresh rosemary
- **Blue cheese walnut**
  50 ml (1/4 cup) diced roasted red pepper, 125 ml (1/2 cup) toasted chopped walnuts, 125 ml (1/2 cup) crumbled blue cheese, 2 ml (1/2 tsp) black pepper

Falling for a hint of sweet

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

Whoever thought up raking leaves needs a good talking to. Not that I couldn't use the exercise, it's just that the whole exertion thing really detracts from the enjoyment of my favourite time of year.

I love fall, and even though mid-November can be a bit dreary, this calm before the pre-Christmas storm is a perfect opportunity to light that first fire of the season and get comfy with a glass or two of red wine.

When the weather outside starts to chill, reds — especially those with a good balance of tannin and bright berry fruit — make for fine imbibing with or without food. Find one with an accent of residual sugar and you've got a cocktail tipple that easily overshadows the appeal of a pint of ale or fancy mixed drink.

One of the latest new wave wines that isn't afraid to throw around a bit of sweetness is Apothic Red 2009 Winemaker's Blend ($14.99 - $17.48). Made by E & J Gallo, it's a swirling mix of syrah, zinfandel and merlot that's smooth and juicy with a finalé of big berry fruit. PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

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Go Go Gadget

Latest technology will make anyone smile when they open these

MIKE YAWNEY
FOR METRO

Nothing gets the heart racing like finding a brand new gadget underneath the Christmas tree! Computers, tablets and all of the accessories that come with them are always hot sellers during the holiday season.

Don't know where to start? Don't worry! Our gadget guide has you covered.

Here are a few of our favourite picks:

Apple iMac — starting at $1,199

An all-in-one computer with style! Featuring quad-core Intel processors, HD graphics card, Thunderbolt data transfer technology and HD FaceTime camera, this computer can handle whatever you throw at it.

As with all Apple computers, all the essential software comes bundled with the computer. Screen sizes range from 21.5 to 27 inches.

MacBook Air — starting at $999

This ultra-portable laptop is sure to turn heads.

At only 1.7 centimetres at its thickest point, it's one of the slimmest laptops on the market. It's also incredibly light, weighing only 2.38 pounds.

The latest model has a backlit keyboard, which means you can work in any lighting condition, even beside a roaring yuletide fire.

Dell XPS 14Z — $999.99

A luxury laptop loaded with powerful technology.

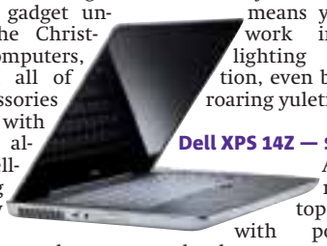
This 14-inch laptop features second generation Intel core processors, a roomy 14-inch HD display with edge-to-edge glass and an ultra-thin frame.

Sony VAIO Z Series — $1,999.99

Multi-layered carbon casing protects this rugged, yet thin, Windows 7 laptop from the wear and tear of daily life.

Intel Wireless display technology allows you to stream online TV shows, movies and photos right to your TV with full 5.1 surround sound! Add the optional Blu-ray player/burner and you have a mobile home theatre.

Plus, it has a built-in HD webcam that can track your face and continuously focus, even if you move.



From top, Dell XPS 14Z, $999.99, Apple iMac, starting at $1,199, HP PhotoSmart eStation, $399.

JUPITERIMAGES/BRAND X PICTURES/THINKSTOCK

HP PhotoSmart eStation — $399

It's an all-in-one printer with a twist! Sure, it can print, scan, copy and fax, but the seven-inch LCD display holds a secret … you can detach the touchscreen and use it as a basic tablet.

Read e-books, send email, log onto Facebook or control your printer wirelessly. You can also download a select number of apps from HP, which will allow you to print everything from recipes to colouring book pages for your kids right from the tablet.

Blue Eyeball 2.0 — $99.99

A revolutionary new webcam from Blue Microphones.

Broadcast or record videos in high definition with crystal clear audio. When you want privacy, simply retract the lens!

The unique mounting system allows the camera to be set up on a desk or monitor. Works on both Mac and PC, no drivers required.

Samsung Galaxy Tab 10.1 — starting at $499

An Android tablet with snappy performance thanks to its 1GHz Dual Core processor. The 10.1-inch screen makes it easy to surf the web (including Flash content), or watch movies.

If you are in a creative mood you can record your own HD movie via one of two cameras (2 megapixel and 3 megapixel) built into the device. A battery that lasts up to nine hours makes it ideal for travel. Wi-Fi and 4G models are available.

Microsoft Touch Mouse — $79.99

This optical mouse features a touch sensitive surface to allow for finger gestures on PCs running Windows 7. Users can scroll through webpages, minimize windows and much more. Thanks to BlueTrack Technology this mouse will work on virtually any surface!

iPad 2 — starting at $519

Apple's iPad 2 remains the No. 1 tablet on the market. Its stylish form factor and intuitive operating system make it easy for anyone to pick up and use. With more than 500,000 apps available in Apple's app store, there truly is an app for everything.

While the cameras may not be quite as good as those found on other tablets, they are ideal for FaceTime chat (free video calling from one Apple device to another).

The fact that you can't view Flash content on this device still hasn't deterred people from falling in love with the iPad 2.

Clockwise, from left, Blue Eyeball 2.0, $99.99, Samsung Galaxy Tab 10.1, starting at $499, and the iPad 2, starting at $519.

HOLIDAY 2011
gift guide

37 shopping days left

...''It shows in his cooking, which is deceptively simple, but characterized by an impressive attention to detail.''
- Marion Warhaft.
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4 ½ stars out of 5

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- *Fire-roasted veal rib chop*
- *Pan-roasted sablefish*

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Best gifts come from the heart

HEATHER BUCHAN
FOR METRO

Yes, it's the season of giving, but that doesn't mean you have to overspend at Christmas.

Here are some quick tips for ways to enjoy the holidays without feeling the burden of spending. It's a reminder to us all that some of the greatest gifts come from the heart.

Making edible gifts

Making edible gifts is a great way to save money on presents at Christmas. Whether it's shortbread cookies, brownies, jam, homemade granola, cake or syrup, the confectionary options are endless, as are the ways in which to package your culinary creation in a festive, but inexpensive way.

The gift of time

Giving the gift of time is a meaningful way to show just how much you care.

Whether it's giving a relative a handmade gift certificate to be redeemed throughout the year for a special home-cooked dinner, a foot massage, a night out while you watch the kids, or a house clean, this type of gift can, many times, be much more appreciated than buying them an object.

Giving time to the community also gets children to think beyond themselves during the holidays. This could involve volunteering as a family at a local charity or shelter or dedicating an afternoon to helping out at a food bank or serving a meal at a drop-in centre.

Inexpensive family activities

There are numerous ways to enjoy time with family and friends leading up to and during the holidays without spending a ton.

- Buy a gingerbread house kit at the supermarket ($10 to $15) and devote an evening to making it together.
- Dedicate a weekend afternoon to making Christmas tree ornaments to adorn your tree.

ISTOCKPHOTO/THINKSTOCK

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Flying. High

▶ Bryan Little, left, and Evander Kane celebrate Kane's goal against Washington Thursday night.

MARIANNE HELM/GETTY IMAGES

Kane powers Jets to big home win over Washington

Evander Kane, Blake Wheeler and Kyle Wellwood scored three unanswered in under five minutes as the Winnipeg Jets pulled away in the second period on their way to a 4-1 win over the Washington Captials at MTS Centre on Thursday night. Kane got things rolling for the Jets in the first, evening the score 1-1 after Alexander Semin put the Capitals ahead just under four minutes into the game. Kane leads the Jets in goals with eight and sits tied for points at 13 with Kyle Wellwood after Thursday night. Wheeler's goal was just his first of the season.

Bombers run D to be tested

Tiger-Cats plan to fight battle on ground against Winnipeg's stingy defence in East final

Marcel Bellefeuille isn't about to mess with success.

An improved ground attack was instrumental in Hamilton's stunning 52-44 overtime East Division semifinal win last weekend over the Montreal Alouettes. The Tiger-Cats' head coach says establishing the run will be crucial for his club in the conference final Sunday against the Winnipeg Blue Bombers.

"It (running the football) is something we felt we needed to do in the playoffs to have success, especially against the teams we're playing," Bellefeuille said Thursday. "Going into Winnipeg, being outdoors and considering how stout a defence they are we're going to have to mount some kind of ground game, especially when you're going against the wind."

Windy conditions are always a factor in Winnipeg, but especially so in late fall when they combine with cold temperatures to make Canad Inns Stadium very inhospitable. The Ticats got a small dose of that Thursday as they practised in cold, breezy weather with piped-in crowd noise at Ivor Wynne Stadium to simulate conditions they'll face Sunday before a sellout crowd.

"If we can knuckle down and ball up and run the football, I think it will make them change their whole gameplan."
HAMILTON RUNNING BACK AVON COBOURNE

"These were excellent conditions in terms of being able to practise with and against the wind with offence, defence and special teams and having noise," Bellefeuille said. "The conditions we'll face Sunday might be a little colder, but it was very similar."

Bitter cold and wind can wreak havoc on a offence's ability to pass. So establishing the ground game becomes very significant.

Hamilton certainly proved that against Montreal. After finishing the regular season averaging a league-low 90 yards rushing per game, Hamilton had 161 yards on 23 carries against a Montreal defence that allowed a CFL-low 92.4 yards on the ground.

THE CANADIAN PRESS

Harris let go

The Bombers released wide receiver Terence-Jeffers Harris on Thursday.

- The 23-year-old scored six touchdowns and caught 77 passes for 894 yards in his two seasons in Winnipeg.
- Joe Mack, Winnipeg's vice-president and GM, said Harris was "struggling with his position with the team."

Astros' sale sparks 'historical' day for baseball

Baseball will be making major changes in the next two years — adding two teams to the playoffs, moving the Houston Astros to the American League and extending interleague play to September.

The expanded playoffs could come as early as next year. That will put 10 teams in the post-season, requiring a new wild-card playoff round that probably will be one game, winner take all.

The altered playoff structure is subject to an agreement on a new labour contract with the players' association, which is expected before the current deal expires Dec. 11.

"We believe, after a lot of study and a lot of thought, that the addition of two wild cards will really help us in the long run," said commissioner Bud Selig, who called it a "historical" morning.

Baseball began its playoff system in 1969 and doubled the playoff teams to eight in 1994.

As a condition for approving the reported $615 million US sale of the Astros from Drayton McLane to Jim Crane, the Astros agreed to shift from the NL Central to the AL West as soon as 2013, giving each league 15 teams. It's baseball's first realignment since Milwaukee went to the NL in 1998.

With an odd number of teams in each league, there will be interleague play from April through September. Since interleague games began in 1997, they had been concentrated around May and late-June.

THE ASSOCIATED PRESS

4 sports

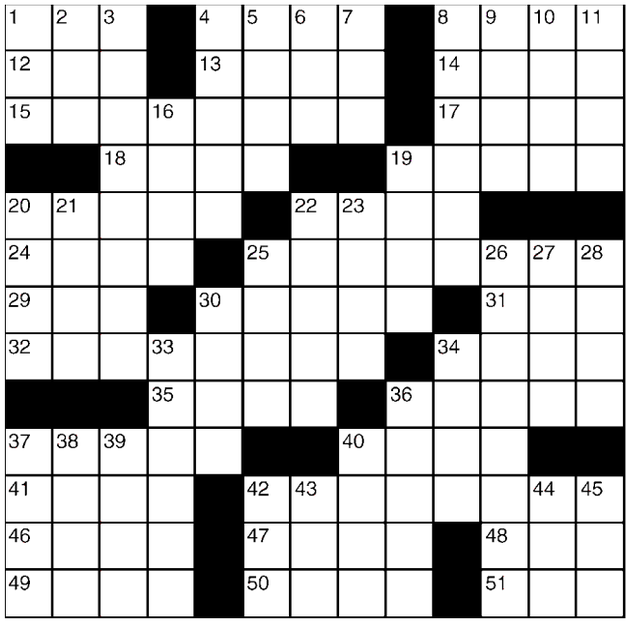
Quoted

"The people I'm now associated with, just by having this award, is something that I never thought would ever happen."

CLAYTON KERSHAW OF THE LOS ANGELES DODGERS, AFTER WINNING THE NL CY YOUNG AWARD ON THURSDAY.

Scan code for more sports.

Crossword



Across

1 Moment
4 Secondhand
8 Tousle
12 401(k) alternative
13 Nevada city
14 Exam format
15 Utensil made from a gourd shell
17 Data, for short
18 Open slightly
19 Surround
20 Jordan's capital
22 Categorize
24 Wheedle
25 Aerosol vessel
29 Pitch
30 Corn
31 Consumed
32 Thick-bladed dagger
34 Turn the soil
35 Don Juan's mother
36 Soil samples rich in clay
37 Big glitch
40 Throat clearer
41 Grown-up nits
42 Poison ivy aid
46 Culture medium
47 Burden
48 Sawbuck
49 Anything but that
50 Crimson Tide school
51 Nevertheless

Down

1 (Uncorrected)
2 Mound stat
3 Trattoria dish
4 City-related
5 Burn somewhat
6 Type measures
7 Homer's interjection
8 Half
9 Coffee shop vessels
10 Well-protected
11 Coin aperture
16 Trojan War hero
19 Highland hillside
20 New Testament book
21 Castle protection
22 Olympic swimming legend Mark
23 Rice-shaped pasta
25 Fill fully
26 Dire situation
27 Fermi's bit
28 11 o'clock broadcast
30 Carte
33 Longtime convicts
34 Verse
36 Tibet's capital
37 Venetian blind part
38 In the offing
39 Exotic berry
40 Grad
42 Stocky horse
43 Santa —winds
44 Born
45 Tolkien character

▶ Thursday's answer

D	E	C	O		P	E	G		H	E	R	O		
A	S	A	P		A	A	A		U	P	O	N		
F	A	R	E		I	T	S		M	I	T	E		
T	U	R	N	O	N		T	A	P	S				
			A	F	T	E	R	S	H	O	C	K		
T	R	A	I	T		P	I	P		D	O	E		
H	E	I	R		D	O	C		E	I	R	E		
E	E	R		B	I	G		E	X	C	E	L		
A	F	T	E	R	S	H	A	V	E					
		I	M	A	M		F	A	C	I	A	L		
E	R	G	O		I	D	O		U	R	G	E		
B	A	H	T		S	I	R		T	O	E	S		
B	Y	T	E		S	E	E		E	N	D	S		

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today's horoscope

♈ Aries March 21-April 20 Use your charm to get what you need today – but make sure what you need is good for other people too.

♉ Taurus April 21-May 21 Be on your guard and make sure you don't fall for any misinformation.

♊ Gemini May 22-June 21 You are worrying too much, but if it bothers you that much, get it checked out by an expert.

♋ Cancer June 22-July 22 Romantically this is a time of great opportunity, so don't be shy.

♌ Leo July 23-Aug.23 If there is a project you still have not finished you might as well forget it.

♍ Virgo Aug. 24- Sept. 22 Don't sit at home waiting for life to come to you – go out and meet it halfway.

♎ Libra Sept. 23-Oct. 23 If you let things drift or let other people call the shots you could find yourself out of touch and maybe out of pocket too.

♏ Scorpio Oct. 24-Nov. 22 Make the most of your chances over the next few days.

♐ Sagittarius Nov. 23-Dec. 21 There are still a number of important loose ends that need to be tied up.

♑ Capricorn Dec. 22-Jan. 20 Whatever extraordinary ideas pop into your head over the next 24 hours you must follow them through to their conclusion.

♒ Aquarius Jan. 21-Feb. 18 Act now. Not tomorrow or next week or the week after that but now, this very minute.

♓ Pisces Feb. 19-March 20. Your confidence has been high over the past few weeks but already you can sense that a more challenging phase will soon be upon you. That's OK. You need to be pushed and the planets always push you in the right direction. **SALLY BROMPTON**

Sudoku

5						6	3	
	9	8			6			
		3			9	4		
6				4			1	
	7	5				2	8	
	8			7				5
		7	1			8		
			4			1	7	
	1	9						6

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Thursday's answer ▶

8	9	2	4	7	3	1	6	5
3	5	6	2	8	1	7	9	4
4	7	1	5	6	9	2	3	8
1	4	8	6	9	7	5	2	3
7	2	5	3	4	8	9	1	6
6	3	9	1	5	2	8	4	7
2	6	3	8	1	5	4	7	9
5	1	7	9	3	4	6	8	2
9	8	4	7	2	6	3	5	1

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Nyx, You still live in my heart. Pl. don't be shy to say hi, hug or kiss when you see me:):)
ADONIS

To the girl in the fox mask, from the moment i saw you with your fox mask on i knew you were the one. i've only known you for two weeks and i only have four weeks left in training to tell you how i really feel. You're the only reason i can get out of bed at 6:30 and be in a good mood for work.
SPEARS

Angel from Austria,
I wish I could and would spend more time with - we should go on a date for our sixth, you are all I need and seek, a kiss from my lips to your cheek, think of me when you go back and things look bleak.
LITTLE JESSE

A look at the weather

FRIDAY	SATURDAY	SUNDAY
Min -11°	Min -15°	Min -11°
Max -3°	Max -8°	Max -7°

Jenna Khan, Weather Specialist
"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 5:30 AM**

BT BREAKFAST TELEVISION

Caption contest

SALVATORE DI NOLF/KEYSTONE/THE ASSOCIATED PRESS

GERALD HERBERT/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

LOOK AGAIN SPOT THE 10 DIFFERENCES IN THESE TWO IMAGES.

Portland, Maine – The 2012 Chevrolet Equinox is out running a few errands in the city. It's equipped with all-wheel drive, fantastic storage capacity, incredible fuel-efficiency and segment-leading safety. In fact, it's an IIHS Top Safety Pick. Which makes it perfect for those who enjoy crossing things off their list.

1. Changed colour of street sign 2. Doubled the blue frame in the bottom left window 3. Added sign to telephone pole left of the 2012 Chevrolet Equinox 4. Removed flower bed from top windowsill 5. Added manhole below the 2012 Chevrolet Equinox 6. Added orange reflector onto the 2012 Chevrolet Equinox 7. Filled in bottom frame of the corner window 8. Removed one-way sign 9. Changed colour of fire hydrant 10. Removed horizontal brace from roof of the building

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